



Women's Health and Wellness Across the Lifespan

By Ellen Frances Olshansky

Lippincott Williams and Wilkins, United States, 2014. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book. Women's Health and Wellness Across the Lifespan provides a fresh and comprehensive approach to women's healthcare. Combining traditional and complementary medicine, this crucial text offers evidence-based insight on women's health and wellness. Update and enlighten your practice with relevant case histories, the latest research, and the insight of nursing experts on numerous wellness topics. This invaluable text offers the insights you need to respond to patients' individual concern and problems more effectively, promoting optimal wellness at every stage of your patients' lives. Developed for Clinicians in primary care and community settings, RNs, advanced practice students and faculty working in women's health, OB/GYN, family medicine, and adult/gerontology, and for nurse midwives, this vital reference includes: comprehensive, evidence-based content, crucial for promoting women's wellness and preventative care; combines traditional medicine with alternative approaches for balanced, effective responses that answer the concerns of today's educated patient; emphasizes the importance of incorporating social context, age and life experiences into health assessments; and, Tables and charts clarify different forms of care and their purpose. Women's Health and...



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